

Forthcoming Spiritual Camp
by

Swami Shuddhabodhananda Saraswati

at LONAVALA, Hill-station (2½ hrs. drive from Mumbai on Mumbai Pune Express Highway)

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| Duration : | 7 days from 7 th Nov., 2019 (Thu.) Check-in 07 PM to 14 th Nov., 2019 (Thu.) Check-out 01 PM after lunch. |
| Place : | Kapol Sanatorium, a haven of peace with greenery around |
| Text : | Varāhopanishad continuation. Guided meditation, workshop, Bhajans, Vedic chanting. A special Satsanga with Brahmachari Pranav Joshi for those whose exposure to Vedanta is less and would like to get the Vedantic fundamentals clarified. |
| Contribution : | ₹. 6,500/- per person for the entire session towards boarding and lodging. If required, there may be a possibility of increasing the contribution upto ₹. 500/- (maximum) per person for the entire duration. It will be decided during the Camp. |
| Accommodation: | On sharing basis with maximum 3 persons in a room. Ladies and gents will be in separate room. A few rooms with two beds are available. They will be for elderly people or couple subject to availability. Hot water for bath is available only between 04:30 AM to 06 AM. Accommodation is limited. |
| Schedule : | A copy of typical schedule is enclosed. Participants have to consider their health conditions before enrolling and then only decide. Hi-tech medical facility is not available at Lonavala though among the participants one or two doctors (GP) will be available. |
| Enrolment : | The enrolment will start on first come first served basis from the month of July, 2019 when a detailed circular will be displayed. Enrolment is subject to the approval of Swamiji who has the right to disallow any applicant without giving any reason whatever. |
| Dress-code : | White dress is preferable but not compulsory. Gents to wear full pants or pyjamas or dhotis and shirts (No half pants or jeans). Ladies to wear either sarees or full Punjabi dress with salwar kameez and chunni (but no leggings or ladies pants or jeans). |

Camp Convenor

Contact : email: sssbvt@gmail.com